



**Post Graduate Diploma in Systemic Psychotherapy
Masters in Systemic Psychotherapy**

Working with Couples & Families

2015- 2019

GENERAL INFORMATION

This is a four year training programme designed to help practitioners working within different settings to develop the fundamental skills in working with individuals, couples, and families from a systemic perspective. It is aimed at practitioners who already successfully work within other clinical paradigms, or those who are qualified in another human science and want to move into clinical psychotherapy.

The Post Graduate Diploma training enables professionals from mental health and related disciplines to build on their existing knowledge and skills, to develop an understanding of the theories informing family therapy and systemic practice, and translate them into effective systemic psychotherapy, thus enriching their role as mental health practitioners with individuals, couples, families, and organizations. An emphasis is placed on preparing students to adapt their practice to fit within a range of cultural, socio-economic and professional settings, both public and private. The training draws from a wide range of theoretical paradigms and practice approaches to enable students to meet the demands of working with a wide range of client groups in both adult and child focused settings. Upon successful completion of the Post Graduate Diploma trainees will be eligible for Masters level training either within IFT-Malta or other European institutions.

The Masters in Systemic Family Psychotherapy is an advanced course that meets the practitioners' training criteria of the European Family Therapy Association and the International Family Therapy Association. The first two years of the Masters in Systemic Family Psychotherapy are equivalent to a Post-Graduate Diploma and the Award will only be issued when trainees opt to stop the training after two years. Upon completing the four years training trainees will achieve the award of Masters in Systemic Family Psychotherapy. Only the Masters Award entitles the holder for application to register as Psychotherapist with the Council for the Professions Complimentary to Medicine.

Number of participants will be limited. The Post Graduate Diploma course will commence in April 2015. The Masters training will commence July 2015.

To apply please send a one-page CV and a brief personal statement giving reasons why you wish to participate together with a copy of your certificates to The Secretary, IFT-Malta on email marika.azzopardi@ift-malta.com. Enquire on 79663265 or 79663266.

Course Fee for post-graduate diploma is €2600 per year. Course for the Masters is €5500 per year. Payment or deposit upon acceptance (see application form for details). Those applying for the whole 4 year program will be eligible to apply for various government scholarship schemes when launched.

TRAINING AIMS:

- To enable students to obtain a broad spectrum of knowledge and understanding of theories informing clinical work with couples and families
- To enable students to develop clinical skills in engaging and working effectively with clients within a multidisciplinary setting.
- To enable students to critically evaluate research in the field of family psychotherapy.
- To enable students to integrate their learning into their own professional practice and to be able to consider evidence based in developing appropriate and ethical interventions.

COURSE COMPONENTS

Reflecting the current understanding of what constitutes good training practice and in line with European criteria for good training in systemic practice, this training programme consists of four Modules: **1.** Theoretical Knowledge, **2.** Personal and Professional Development, **3.** Clinical Skills, **4.** systemic family therapy research. These four Modules are covered over the four years.

Professional Training in Systemic Psychotherapy							
Module	Description	ECTS Value	Hours	ECTS 1st Year	ECTS 2nd Year	ECTS 3rd Year	ECTS 4th Year
Module 1	Theoretical Seminars	25	625	10	10	4	2
Module 2	The Developing Therapist	30	750	10	10	4	5
Module 3	Clinical Team Practice	45	1125	5	5	17	18
Module 4	Research Dissertation	30	750	5	5	10	10
	TOTAL	130	3250	30	30	35	35

ENTRY REQUIREMENTS

The Post-Graduate Diploma level training aims to meet the needs of a broad range of participants with relevant professional backgrounds such as nursing, social work, psychology, psychiatry, teaching, counseling, etc. In order to maximize access to training in systemic practice, entry requirements for foundation level training are kept to a minimum. They are:

- A relevant professional training, or an equivalent 1st degree in a human sciences subject
- An opportunity to apply systemic ideas to a current work setting (students may need to find other opportunities, perhaps on a placement basis, assistance will be given to find alternative placements if needed)
- Two years post graduate / post qualifying work experience
- A reference letter

If your intention is to pursue your training to Masters level, you must be aware of the professional qualifications required for entry. For this training, however, no previous training in systemic work is required.

The Masters Training calls for all the above criteria plus a Post Graduate Diploma in Systemic Family Psychotherapy.

All applicants for the training will be interviewed.

STAFF STRUCTURE

Tutors:

Mr. Joe Mangion Dip. (Social Studies), Dip (Special Educ.), B.A. (Hons.) B.Educ. (Hons.), M.Sc. (UEL)

Mrs. Carmen Delicata M.Sc. (UEL)

Mrs. Karen Bishop B.Psy. (Hons.), M.Sc. (UEL)

Mrs. Elaine Grech B.Psy. (Hons.), Dip. Gest. Psych (GPTIM), M.Sc. (Lond.).

Masters Coordinator & Supervisor

Dr. Charlie Azzopardi B.psy.(Hons.) M.Sc. (UOL) Doct. Sys. Psych. (UEL)

IFT-Malta Chair

Ms. Carmen Delicata M.Sc. (UEL)

Consultant:

Mr. Billy Hardy (Family Institute, Glamorgan University, Cardiff)

Mrs. Judith Lask (Institute of Psychiatry, London)

TIME COMMITMENT

The Post Graduate Diploma is two years long and is based on European standard requirements for family therapy training as set by EFTA (European Family Therapy Association) and complies with the Malta Qualifications Framework requirements for level 7 training. This training does not entitle one to register with the Council

for the Professions Complimentary to Medicine as psychotherapist. The training runs for approximately 1600 hours over two years and is spread over monthly blocks of two days normally held a weekend per month. Approximately 10 - 15 hours of weekly reading and preparation of assignments are required.

For more information please contact IFT-Malta secretary marika.azzopardi@ift-malta.com, or email azzopardi.charlie@gmail.com, or call 79663266.

A detailed prospectus and time table will be given upon acceptance.